

Travel Guide - Rome, Italy



JUST THE BASICS

City: Rome, Country: Italy, Continent: Europe
Language: Italian
Currency: Euro
Climate: Average temp: 3-31°C, Warm weather from June-August
Map: http://bit.ly/MNRomeMap (Google Pin Map, your navigation companion)

TRANSPORTATION TIPS

Arrive via Larger Leonardo da Vinci or Rome Ciampino airports, both serve the city. Metro stations sell tickets for Rome's **ATAC** system of public transportation. The ticket works on all modes. Try **Roma Pass** for multi-day access, includes museum discounts.

WHAT TO EAT

- $$$ - Armando Al Pantheon - Salita dei Crescenzi, 31 - +39 06 6880 3034
  https://www.armandoalpantheon.it/
  Shockingly adjacent to the Pantheon but still serving great food with a cozy atmosphere. Try the amatriciana, pasta a la griccia, carbonara, or smoked lamb. Book ahead online!
- $$ - Supplizio - Via dei Banchi Vecchi, 143 - +39 06 8987 1920
  https://www.supplizioroma.it/
  Try the Roman street food suppli here, specifically cacio e pepe suppli. Also, plates the Rome favorite amatriciana, you cannot go wrong at the restaurant.
- $ - Il Goccotto - Via dei Banchi Vecchi, 14 - +39 06 9944 8583
  https://www.facebook.com/Ilgoccetto/
  Lighter fare and closer to a wine bar. They specialize in antipasti and cold salads.

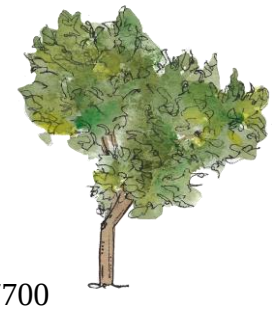
WHERE TO DRINK

- Beer - Bar San Calisto - Piazza di S. Calisto, 3 - +39 06 583 5869
  https://www.yelp.com/biz/bar-san-calisto-roma
  Cheap Peroni beer and reasonable Aperol spritzes highlight a cheap bar menu. Friendly atmosphere with a local flair. It can be challenging to find a table, stand with the locals!
- Wine - Cul De Sac - Piazza di Pasquino, 73 - +39 06 6880 1094
  http://www.enotecaculdesacroma.it/
  Huge selection of wine with charcuterie boards and other bites if hungry. It is tucked a block from the Piazza. Try the local wine Poggio Verde **Frascati** Superiore DOCG.
- Cocktail - Jerry Thomas Speakeasy - Vicolo Cellini, 30 - +39 06 9684 5937
  https://www.thejerrythomasproject.it/
  Trendy bar. Passionate mixologist's serving crafted cocktails with a new flair.

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WHERE TO PLAY

- Julius Caesar Gurgustium - Via Gaeta, 20 - +39 06 446 0004
  https://www.juliuscaesar.it/
  The Gurgustium serves as a pub, cocktail bar, and disco. Highly rated cocktails, clean facilities, and a spacious dance floor make this a comfortable and popular place to meet people. Be sure to check if the location has re-opened; it is currently affected by the COVID-19 pandemic and closed.
- Hike - Municipio I
  https://rb.gy/tfm1xj (Walking directions can be found in your map companion)
  There are several parks to frequent, but any trails of distance are hard to come by. So without venturing too far out of the city and killing your day Meandering Nomad recommends doing a monument walking tour to get your steps. A very apparent loop will form going from the Spanish Steps, to Trevi Fountain, the Pantheon, across the river to St Peter's Basilica, back across to Campo de' Fiori, to Campidoglio, past the Roman Forum, and finally to the Colosseum and back. All this is in a 3 km loop!
- Bioparco di Roma - V. le del Giardino Zoologico - +39 06 360 8211
  http://www.bioparco.it/
  Zoo's do not always top the list for tourists of Rome but in today's post pandemic world a walk outside isn't a bad way to go. You can view over 200 species of animals on an expansive 18-hectare site.



MUST VISIT

- Colosseum and Roman Forum - Piazza del Colosseo, 1 - +39 06 3996 7700
  https://parcocolosseo.it/
  The monumental 3 tiered Roman amphitheater traditionally housed gladiatorial games. Next door is the Roman Forum, and the two historical sites can be visited consecutively on one ticket. The Colosseum can be viewed quickly without a tour if in a hurry or both can be explored in one long day with a guided tour.
- Vatican City - Piazza San Pietro - +39 06 6982
  http://www.vatican.va/content/vatican/en.html
  If done right, the Vatican City is another all-day or even multi-day event depending on how the lines are and your determination to see everything. You will find must-visit sites of Basilica di San Pietro, and the Sistine Chapel within Piazza San Pietro. These are just the two big-ticket cultural sites with many more locations within the Vatican to explore should you wish. To visit quickly, you can see all the above from the square for a photo.
- Pantheon, Spanish Steps, and Trevi Fountain - Municipio I - +39 06 6830 0230
  http://www.polomusealelazio.beniculturali.it/
  The contact information and website listed here are for the Pantheon but if you are in Municipio I or downtown Rome you really need to swing by all three of these sites. All three are listed on the suggested hike above and are within easy walking distance of each other. The Pantheon, once a Roman Temple, is now a Catholic church and the other two are outdoor sites. The Spanish Steps, a literal staircase, is noteworthy for its size and placement between two Piazza's. The Trevi Fountain is adorned by numerous sculptures

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and site to see lit up at night for maximum impact. Join locals and tourists alike in throwing in a coin using your right hand over the left shoulder.

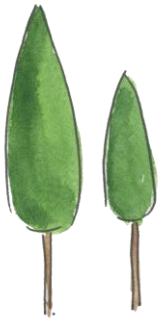
WHERE TO SLEEP



- $$$ - The Saint Regis Rome - Via Vittorio Emanuele Orlando, 3 - +39 06 47091
  https://www.marriott.com/hotels/travel/romxr-the-st-regis-rome/
  In the middle of central Rome near the famous Trevi Fountain. Architecturally impressive in its own right, the hotel sits in one of Rome's most impressive palazzo's. The lobby makes an immediate statement with painted ceilings and artifacts. Truly a luxury stay with a bar and garden restaurant that will saber champagne on request.
- $$ - Rome Marriott Grand Hotel Flora - Via Vittorio Veneto, 191 - +39 06 489929
  https://www.marriott.com/hotels/travel/romdt-rome-marriott-grand-hotel-flora/
  Right across the street from the expansive Villa Borghese gardens and a quick walk to the Spanish Steps. The Marriott and the park are considered the Northernmost edge of Rome's downtown triangle and are its most visited tourist sites. Features a rooftop bar and brunch area that has an outdoor patio and covered atrium. American's will appreciate the hotel's proximity, adjacent to the U.S. Embassy and across from a Hard Rock Cafe (sometimes the kids need something familiar).
- $ - Generator Rome rooms & hostel - Via Principe Amedeo, 251 - +39 06 492330
  https://staygenerator.com/hostels/rome
  Design-led city center hotel and hostel adjacent to the Rome train station and a quick walk to the Colosseum. The property is complete with meeting rooms, a bar, cafe, laundry, restaurant, and 24-hour reception with rooms are reviewed as clean and updated. Private rooms or community dorms with up to 8 beds (female only too) it is easy to book at any budget. Accommodations like this inspire a sense of community. Try to meet locals and fellow travelers, which helps to create unexpected organic travel experiences.



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Itinerary - Rome, Italy

Day 1

- Fly into Leonardo da Vinci International Airport. Feel free to check prices at Rome Ciampino but you are better off using the primary airport for the city.
- Train into Rome's main Termini Station via the Leonardo Express airport train. They run every 15 minutes to the center of the city and only take 30 minutes. You can take a bus (Terravision) if looking to go cheaper, but any method of ground transportation with wheels, including overpriced taxis, can take hours due to traffic.
- Check-in to the hotel of your choice; we recommend one of three hotels from our Rome Travel Guide.
- Relax and spend the day checking out your neighborhood and enjoying a drink and food in the hotel.

Day 2

- Explore while energy is high. We suggest you do a walking tour today to get a good sense of what downtown Rome has to offer. Starting at your hotel, use a circular pattern hitting the sights suggested under hike in the Where to Play section of the Rome Travel Guide.
- Eat at Supplizio for some Roman street food.
- Grab a beer at Bar San Calisto for a nightcap or night starter, your choice.



Day 3

- Visit the Colosseum and Roman Forum. This site will take all day if done right, so eat a hearty breakfast and pack a snack. Recommend checking the weather to determine clothing and that you wear your most comfortable shoes. Do not forget your camera!
- Eat at Armando Al Pantheon to get in some fine dining and continue soaking in history while you recharge.

Day 4

- Visit Vatican City and make sure to go into Basilica di San Pietro and the Sistine Chapel. You can break this visit up into two parts, and we recommend getting lunch in between. Some wine and a charcuterie and antipasti board from Cul de Sac or Il Goccotto will do nicely to hold you over during your visit to the holy city.

Day 5

- Enjoy breakfast at a local cafe you have been sure to discover by now or at the hotel; this is your last morning in the city. Try to soak in what you can before you return home.
- Train back with the Leonardo Express to the Leonardo da Vinci International Airport.

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